

**BELLEVUE NETWORK ON AGING
MINUTES**

November 1st, 2018
8:30-10:30am

North Bellevue Community Center

- MEMBERS PRESENT:** Diana Thompson, Howard Katz, George Twiss, Beverly Heyden, Berta Seltzer, Phyllis Smilen, Hannah Kimball, Jeanne Grote, Janet Zielasko, Ethan Crawford, Gazel Tan, Christy Stangland, Lauren Emery, Jullie Gray, Peggy Foster, Bill Merriman, Desiree Leigh
- MEMBERS ABSENT:** Judy Dowling, Arlene Cheng, Bob Megargel,
- STAFF PRESENT:** Dan Lassiter/Bellevue Parks & Community Services
- GUESTS:** Joanne Gainen – Eastside Neighbors Network
- RECORDING SECRETARY:** Abby Burdick/Bellevue Parks & Community Services
- WELCOME AND ROLL CALL:** The meeting was called to order by Hannah Kimball and roll call taken.
- APPROVAL OF MINUTES:** Changes to October 4th, 2018 minutes submitted previously by Diana Thompson & Hannah Kimball.

PRESENTATION & DISCUSSION:

Melessa Rogers of Glaser Progress Foundation – *How to be an effective advocate!*

RESULTS is a movement of passionate, committed everyday people. Together they use their voices to influence political decisions that will bring an end to poverty. Volunteers receive training, support, and inspiration to become skilled advocates. In time, volunteers learn to effectively advise policy makers, guiding them towards decisions that improve access to education, health, and economic opportunity. With every hour of their time, volunteers multiply their impact through the enormous power of advocacy — whether it's helping change policy to support millions of families putting food on the table or helping raise billions of dollars for the world's most vulnerable children. Backed by the in-depth research and legislative expertise of staff, RESULTS advocates realize the incredible power they possess to use their voices to change the world.

For Melissa's full presentation and additional handouts about RESULTS and how to be an effective advocate visit the [Bellevue Network on Aging Web Page](#).

COMMITTEE REPORTS:

Advocacy Committee *(reported by Diana Thompson)*

Diana Attended the Senior Lobby Day Conference on Thursday, October 11th in Tacoma. The focus was mainly on State Issues.

At the Eastside Human Services Forum meeting, suggestions towards the upcoming agenda were discussed.

Diana will be attending the Budget Matters Conference on November 13th in Seattle.

The proposed Federal Agenda is very similar to years past. The state Agenda does include some new things, such-as:

- \$5million in Funding for Dementia.
- Long Term Care Trust Act – funding method for when you need help as you age.
- Aging and Disability Services is asking for more money for Case Managers.

Outreach, Education & Diversity Committee *(reported by Gazel Tan)*

The committee is attending:

- ✓ Bellevue Resource Fair, at the Bellevue Library.
- ✓ India Association of Western Washington Health Fair at North Bellevue Community Center.

Some new ideas the committee is discussing:

- ✓ Fall Prevention.
- ✓ PSA's on BTV.
- ✓ Bellevue Reporter Articles.

The group discussed Bicycles and Bicycle Lanes in Bellevue. Is there value in a campaign around "Protecting Seniors from Bicycles"?

Desiree mentions the Eastside Stewardship Program and progress on Alzheimer's and Dementia Programs. Old Friends Club partnering with Momentia and North Bellevue Community Center to discuss funding of memory programs through the Veterans Levy.

Transportation & Housing Committee/Eastside Easy Rider Collaborative *(reported by Hannah Kimball)*

The October 17th meeting goal was to consolidate and educate on affordable housing and create a handout.

November 3rd Transportation Summit will be held at Crossroads and attended by several committee members.

November 6th Eastside Easy Rider Coalition Coffee Talks & Workshops on Transportation.

November 27th there is an Eastside Easy Rider Coalition meeting in Redmond.

COMMUNITY PARTNERSHIPS REPORTS:

Eastside Easy Rider Collaborative (*reported by above with Transportation & Housing by Hannah Kimball*)

Eastside Human Services Forum (*reported by Christy Stangland*)

Transportation Summit was Saturday and was amazing.

December 4th is a joint meeting with the Board & Work Group at Peter Kirk to review 2018 and plan 2019.

There is an open position on the Human Services Commission.

Aging & Disability Services (*no report*)

New Business

Berta Seltzer – ADHOC Committee has determined at this time there is no need for and no support of a regional group structured like the BNOA.

Staff Report

- The members reviewed a contact sheet to ensure their information is current.
- Members were reminded of the social hour in December and to bring a present and food.
- January BNOA retreat is scheduled for January 3rd 8:30a – noon and will be held at the North Bellevue Community Center.
- Each committee chair was asked to submit an annual report of activity and achievements.
- Committee members were asked about their preference of name tag styles and responded with magnetic holding style.
- Term limits of the BNOA will be brought up at the retreat for discussion. Currently there are not term limits.

ADJOURN

The meeting adjourned at 10:30am.